

What's On in February

Southern Cancer Support Centre

Programs

Yoga

Every Monday from 1pm - 2pm.

Qi Gong at St Luke's Wellness Hub

Tuesdays 2pm - 3pm commencing 4 Feb.

Bowen Therapy

Appointments available every second and fourth Thursday.

Exercise Physiologist

By referral.

Oncology Massage

Appointments available every first and third Monday.

Centrelink

Appointments available every second Tuesday.

Walking Group

Fortnightly on alternating Wednesdays and Fridays 10am - 12noon.

BYO Craft Group

Fortnightly Tuesdays 10.30am - 12.30pm. Drop in with your own project, no registration required.

Art Program

Every third Wednesday.

Support groups

Metastatic Breast Cancer

Second Wednesday of the month 2pm - 4pm.

Bowel Cancer

Second Thursday of the month 2pm - 4pm.

Prostate Cancer

Third Tuesday of the month 2pm - 4pm.

All Cancers

Fourth Tuesday of the month 2pm - 4pm.

Registration is required for all programs, unless otherwise stated.

Southern Cancer Support Centre

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