

# What's on in July at the North West Cancer Support Centre:

Our Art Program is held here on the first Tuesday of each month from 10am.

We host a Men's Support Group here on the last Thursday of each month from 2pm.

Look Good Feel Better workshops, variable dates on Wednesday, 10am-12.30pm, please check website [www.lgfb.org.au](http://www.lgfb.org.au) for upcoming dates.

Wig Service Appointments available in our Centre and at the North West Regional Hospital (NWRH) Wellness Centre.

## **In the community:**

Oncology Massage Appointments

Centrelink Appointments

Tai chi is an ongoing program of ours based in the community. Please talk to Support Centre staff to learn how this works.

Cancer support group in the Burnie region, please contact Supportive Care staff for more information.

Kris and Stan do outreach at NWRH every Monday, Tuesday and Thursday.

**Unless otherwise stated, registration is required for our programs.**



**North West Supportive Care Staff**

**Kris and Stan**

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