# **What's On in December**

# **Northern Cancer Support Centre**

Please note our centre will be closed from 1.00pm 24th December 2024 - 9.30am 2nd January 2025.

\*End of Year Celebration - Thursday 5th December 11.00am - 1.00pm\*

#### Tai Chi

Every Tuesday from 11am - 12noon (NOTE: Last class for 2024 - Tuesday 17th December)

# **Exercise Physiotherapy**

Appointments available every Monday.

#### Centrelink

Appointments available every Thursday.

# **Hairdressing and Wig Fitting service**

Appointments available every second Thursday (returning in February 2025).

## **Oncology Massage**

Appointments available every Tuesday morning.

# Reflexology

Appointments available every second Tuesday afternoon.

# **Craft Group**

Every second and fourth Thursday of the month 1.30pm - 3pm.

## **Games Afternoon**

First Thursday of the month 1.30pm - 3.30pm.

# **Look Good Feel Better Workshops**

Tuesdays 10am - 12.30pm. Check website www.lqfb.org.au for upcoming dates.

# **Walking Group**

Every Friday 10am - 11am.

#### SUPPORT GROUPS

#### **Men's All Cancer**

Second Thursday of the month 10am - 12noon.

#### **Women's All Cancer**

First Tuesday of the month 1.30 pm - 3pm.

Unless otherwise stated, registration is required for all of our programs.

# **Northern Cancer Support Centre**

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