

## Step 2

### Submit your Sun Protection Policy.

To join the SunSmart program, submit a copy of your Sun Protection Policy to ensure it covers the SunSmart recommendations. We recognise each service faces different challenges and may not be able to implement all recommendations immediately. The good news is you can still join the program. We can help you to identify the recommendations your service is currently implementing and those you can plan to implement in the near future.

#### Choose to either:

Update your service's Sun Protection Policy to include the recommendations below.

**OR**

Use the Cancer Council NT's Sample Sun Protection Policy as attached

#### This policy will help services meet some of the legislations and standards requirements:

- [Sun Safety Policy 2016](#)
- [Quality Education and Care NT](#)
- [Education and Care Services \(National Uniform Legislation\) Act 2011](#)
- [Education and Care Services National Law Act 2010: Section 167 – Protection from harm and hazards](#)
- [Education and Care Services National Regulations 2011:](#)
  - Regulation 100 - Risk assessment for excursions
  - Regulation 113 – Outdoorspace-natural environment
  - Regulation 114 – Outdoor space-shade
  - Regulation 168 – Policies and procedures
  - (2)(a)(ii) – Sun protection

#### Rationale

Exposure to ultraviolet (UV) radiation in childhood is a major risk factor for developing skin cancer later in life. By implementing a best-practice Sun Protection Policy and practices, early childhood education and care services can help protect staff, educators and children from UV radiation and teach children good sun protection habits from an early age. Sun protection practices are required in the Northern Territory all year round whenever UV levels are 3 or above and extra care is needed between 10am-3pm when UV levels reach their peak.

#### Procedures

To assist with the implementation of this policy, staff and children are encouraged to access the daily local sun protection times via the **SunSmart widget** on the service's website, the free **SunSmart app**, or at [www.bom.gov.au](http://www.bom.gov.au).

Recommendations (Please tick ✓ which applies.)	Implementing	Planning
<p><b>1 Scheduling outdoor activities (Quality Area 2: Children's health and safety)</b></p> <ul style="list-style-type: none"> <li>• Minimise outdoor activity between 10am and 3pm during peak UV levels.</li> <li>• Sun protection practices are required at all times when outside. Combination of all sun protection measures will be considered when planning excursions and all events held at the service.</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>
<p><b>2 Shade (Quality Area 2: Children's health and safety. Quality Area 3: Physical environment.)</b></p> <ul style="list-style-type: none"> <li>• All outdoor activities will be planned to occur in shaded areas. Play activities will be set up in the shade and moved throughout the day to take advantage of shade patterns.</li> <li>• The service will provide and maintain adequate shade for outdoor play. Shade options can include a combination of portable, natural and built shade.</li> <li>• Regular shade assessments should be conducted to monitor existing shade structures and assist in future plans for additional shade and upgrades.</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

