

# INFORMING THE TASMANIAN CANCER PLAN

## OUR PRIORITIES

### ENSURING CANCER PREVENTION IS INCLUDED AS A STAND-ALONE PRIORITY

Almost half of Australia's cancer burden is attributable to modifiable risk factors such as smoking tobacco, alcohol use, UV radiation exposure, unhealthy diet and physical inactivity.

Primary prevention should be included as a stand-alone key priority in the Tasmanian Cancer Plan, with a direct focus and investment into actions that will have the most impact on reducing cancer diagnoses, address inequities in cancer and reduce the number of Tasmanians requiring treatment.

- Decrease tobacco smoking through continued campaigns and regulation
- Invest in and encourage people to be SunSmart
- Promote and enable healthy eating and physical activity
- Improve alcohol regulation and campaigns.

### INCLUDING ACTIONS TO ENCOURAGE EARLY DETECTION AND SCREENING

Beyond preventing cancer, early detection and screening are critical for diagnosing cancer earlier and faster to improve survival rates and outcomes.

Clear actions are required to address barriers in the uptake of screening, to ensure health outcomes are fully realised.

It is also equally important to emphasise the significance of early detection, encouraging people to get checked, with a focus on priority populations.

### RECOGNISING SUPPORTIVE CARE AS A KEY COMPONENT OF CANCER CARE

An integrated oncology sector in Tasmania includes cancer supportive care programs and services that are embedded into routine cancer care for all Tasmanians.

Supportive care includes supporting the emotional, informational, physical and practical implications of a cancer diagnosis, which can be significant and complex. Supportive care is maximised when it is embedded into the oncology sector at all levels.

With demand for Cancer Council Tasmania's cancer supportive care services increasing, prioritising funding and resourcing is essential to ensure all Tasmanians can access the same level of support.

### ALLOCATING RESOURCES AND FUNDING FOR SUCCESS

Ensuring adequate funding is committed to the delivery and oversight of the Tasmanian Cancer Plan, and continued engagement with a broad cross-section of diverse stakeholders across the cancer continuum to ensure the Tasmanian Cancer Plan delivers for all.

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