



# How can Cancer Council Tasmania help you?



**Cancer  
Council**  
Tasmania



## How we help.

Cancer Council Tasmania provides free, professional Supportive Care services to Tasmanians diagnosed with cancer, their family, friends and loved ones.

Our Supportive Care staff work with clients to assist them through a cancer diagnosis, treatment, survivorship, end of life and bereavement.



All our programs are endorsed by our Clinical Advisory Group to ensure they reflect best practice, are high quality and run by appropriately qualified facilitators.

# We provide:

- Individual support in our cancer support centres in Hobart, Launceston and Devonport.
- Cancer support groups which provide information, social support and peer connections.
- Wellbeing workshops and educational webinars to share relevant, evidence-based information.
- Complementary therapies such as mindfulness, yoga, tai chi, exercise physiology and oncology massage.
- Practical support including wig service, transport2treatment, access to financial assistance and free legal advice.
- Cancer support for people under 25 years, including post-secondary educational scholarships.
- Outreach services available within some hospitals and cancer treatment centres.
- Information resources about cancer, treatment and related topics, based on current research.



## About Cancer Council Tasmania

Cancer Council Tasmania is not a government organisation. We are a charity, with the majority of our funding coming from the Tasmanian community. We work to minimise the impact and incidence of cancer on all Tasmanians through advocacy, raising cancer awareness, and offering support and information for those affected by cancer.



### Further information:

Please contact Cancer Council Tasmania Supportive Care Services.

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