

*Cancer Council NT
Annual Report*

**20
21**

**Working together towards
a cancer free future.**

Every minute, every hour, every day.



A message from our Chair



Annette Burke

Chair, Cancer Council NT

“Our 2020-2021 Annual Report highlights our extensive work across the NT and our ability to pivot through the Covid crisis whilst still meeting our obligations to cancer patients and their families.”

As part of the 2020 Covid crisis, the Board assisted to re-develop our Organisational Chart and modify our patient services to reflect social distancing requirements under the challenges of the Covid 19 pandemic. Of course, the anticipated loss of fundraising revenue required changes to our 2020 resourcing and throughout that year Cancer Council NT CEO continued to actively seek sponsorship and community fundraising as well as Federal and state government grant funding. As a result of prudent budgeting and grant initiatives the Cancer Council NT financial results for the 2020 – 2021 (18-month period) were excellent, meeting the revised budget and exceeding the fundraising expectations for the period.

The work undertaken in 2019 had thankfully positioned Cancer Council NT to pivot more effectively, developing flexible support services for cancer patients and their families and modifying our organisational focus to a more collaborative approach delivering services in collaboration with our Cancer Council federation, in particular with regard to the 13 11 20 telephone nursing services and online fundraising initiatives.

Of course, as part of the Cancer Council Australia Federation, we form part of a much larger organisation of Cancer Councils all over Australia, and it was this federation that assisted Cancer Council NT when we needed it the most, during the Covid crisis.

Under the Federation each member organisation provides a representative for the Cancer Council Australia Board. Our Director Professor Phil Carson represents Cancer Council NT on the Cancer Council Australia Board and as Chair of the Cancer Council NT, I represent the Territory on the Cancer Council Chairs Forum. These very important positions continue to advocate for the Northern Territory providing a voice on matters of equity versus equality, patient support services and cancer research initiatives.

In 2019 the Cancer Council Australia Board authorised a review of Cancer Council Australia and the Federation and this review was undertaken throughout the 2020-2021 period. Due to the significant work of the national Board Chairs and CEO Forum, we now have a more cohesive Federation, better able to support each other during such challenging times. This 2020-2021 Annual Report shows the significant work in cancer support services, prevention and education undertaken by Cancer Council NT, including the national cancer statistics undertaken as part of the Federation. As part of the federation, I continue to advocate for Territory cancer patients at the national level.

During the Covid pandemic the networking of Cancer Council NT with other state and territory partners and Cancer Council Australia directly benefited the resources available to Cancer Council NT and our services provided to Territorians.

On 24th November 2020 under a Special Annual General Meeting, members voted to change the Cancer Council NT financial year from calendar to financial – authorising a transition period of 18 months. This Annual Report covers the services provided over that period. Overall, 2020-2021 was a very successful year with many networks developed and collaborative strategies in place to further our mission and vision into the future. Of course, none of these achievements would have been possible without the ongoing support and hard work of our staff, our volunteers, members, and sponsors. On behalf of the Board, I sincerely thank them all for their efforts.

I commend to you the 2020-2021 Annual Report and Audited Statement of Accounts for the Cancer Council Northern Territory Incorporated (CCNT).

WHO WE ARE

Every day we get closer to a future without cancer

Cancer Council NT is proud to be part of the Cancer Council Federation.

Together, we are Australia's leading cancer charity and the only cancer charity that works across every aspect of every cancer from prevention through to early detection, support, advocacy and research. Every day, we support families affected by cancer when they need it most; speak out on behalf of the community on cancer issues; empower people to reduce their cancer risk; and find new ways to better detect and treat cancer. With your help, we're getting closer to a cancer free future every minute, every hour, every day. This report brings together the work of Cancer Council NT, as well as highlighting the work of Cancer Council's impact on a national scale.

Our Board and Governance

Our Board oversees the strategic direction and policy-making activities of the Cancer Council NT. They meet six times each year and comprise individuals with direct consumer cancer experience, medical expertise, commercial, accounting and legal expertise. Our Finance, Risk and Audit Committee (FRAC) is made up of three Board members who have specific experience in finance, audit and risk mitigation and governance. This committee meets quarterly and provides additional specialist support to the Board. Cancer Council NT is a company limited by guarantee, incorporated under the Corporations Act 2001 and the Australian Charities and Not-for-Profits Commission Act 2012.

Profiles of our Board members in 2021



Annette Burke - Chairperson

Mrs Burke started her career as a foreign language teacher and has taught in various areas including Business and Communication. As Mayor of Palmerston from 1997 – 2007, Mrs Burke founded and chaired many different Committees and Boards, including Adopt-a-Park, Seniors' Advisory Group, Beacon Foundation, Crime Prevention, Safe Communities and City Image. Mrs Burke is a Fellow of the Australian Rural Leadership Foundation, Chair of CDU Foundation Board and Chair of the Top End Health Board with oversight of the 3 hospitals, mental health and primary health.



Derek Campbell - Deputy Chair and Public Officer

Derek moved from Townsville to Darwin in 2016 to take up a partner position with KPMG. Derek has more than 20 years' experience in tax, audit, assurance and advisory services. Derek's young family have felt the impact of cancer when their then 3-year-old was diagnosed with cancer. This meant he had to leave his home in North Queensland with no notice and cope with the challenges of supporting a child and his family through this treatment and recovery phase. His experience with that and his knowledge of the impact of cancer led him to wanting to make a contribution of his skills to the Cancer Council NT.



Paolo Randazzo - Director

Mr Randazzo has worked in the banking industry for several years in various roles, currently he is Director and Joint CEO of the family business, Randazzo Properties Pty Ltd. Mr Randazzo is also a board member for the Property Council Of Australia – NT Division and Darwin City Council – CBD Car Parking Advisory Committee. He has previously held a position on the Development Industry Reference Group and was a Darwin City Promotions director from 1998 to 2005.



Giam Kar - Director

Mr Kar has been a radiation therapist for over 30 years and is currently the Practice Manager and Chief Radiation Therapist of NT Radiation Oncology, Alan Walker Cancer Care Centre, Royal Darwin Hospital. Mr Karr has also been a board member for the Medical Radiation Practitioners Board of Australia as well as the Chairman of Cancer Care Optimisation Group – the Department of Health NT.



Elizabeth Halikos - Director

Miss Halikos moved back to her hometown Darwin in 2015 upon completing her double degree in Arts and Law at Bond University. Miss Halikos worked in private practice as a legal practitioner specialising in commercial and estate law for several years before joining the family business, Halikos Group, as their in-house legal officer. Miss Halikos is also a committee member of the Northern Territory Young Lawyers and the Future Directions Committee of the Property Council of Australia.



Matt Skoss - Director

Matt Skoss is a long-term resident of Alice Springs, starting his career teaching mathematics at Alice Springs High School in 1987. Matt currently works for the Mathematical Association of NSW (0.6), on a Community of Practice project with regional teachers, and for Centralian Senior College (0.2), supporting teachers with online learning. He also shares his enthusiasm for mathematics with teachers in workshops locally and interstate. As a person who had very timely intervention for an aggressive prostate cancer in 2018, Matt is open about his journey, and passionate about provoking Aussie blokes to take action and avoid complacency. He is also keen to continue attracting resources to regional areas to support patients and their families contending with all forms of cancers



Professor Phil Carson - Director

Phillip arrived in the Northern Territory in 1979 and served as a specialist General Surgeon in Darwin from 1990 to until retirement from clinical practice in July 2020. His clinical and research interests covered a wide range of surgery, but in more recent years concentrated on Territorians with Breast, Endocrine and Thoracic Cancers. He has undertaken multiple roles both in the Territory and nationally including Director of the Division of Surgery and then the Department of General Surgery at the Royal Darwin Hospital for 1991-2005 and Associate Professor of Surgery at the Flinders NT Medical Program from 2002 and ongoing. He was the Chair of the Northern Territory Cancer Care Network 2015-2020 and has been a member of Cancer Australia - Indigenous Cancer Leadership Group and co-chair of the Medical Oncology subcommittee in the Commonwealth's MBS review process.

OUR VISION
A cancer free future

OUR PURPOSE
We are Australia's leading cancer charity, uniting the community, providing support, investing in research and saving lives.

OUR VALUES
Our values influence the work that we do, and the way we work with our colleagues and with our community.

- INNOVATION**
Seek and embrace the best
- RESPONSIBILITY**
Be accountable for our results and resources
- COURAGE**
Speak out and step up
- COLLABORATION**
Work together to achieve our goals



About us

Cancer Council is Australia's leading cancer charity and the only charity that works across every area of every cancer. We help people reduce their risk of cancer and get the right information, treatment and support from the point of diagnosis and beyond.

Our vision is for a cancer free future and we work towards this every day, through funding research, delivering and promoting prevention programs, advocating for policy and system change and providing vital support to people affected by cancer. Cancer Council is active in every state and territory of Australia.

Cancer Council NT was born in 1979, after initially being part of Cancer Council South Australia, with the new branch of the organisation having its foundations in a demountable building in the Darwin CBD. After originally being known as the NT Anti-Cancer Council, the organisation changed its name to Cancer Council Northern Territory and moved to its current office in Casi House, Wanguri, in 1995.

With offices now also situated in Katherine and Alice Springs, Cancer Council NT has delivered a broad range of cancer support services to patients and their families throughout the Northern Territory for over 40 years.

Fundraising and education have also played a vital role in the ongoing advocacy work of the organisation, with well-known events such as Daffodil Day and Relay for Life becoming cornerstones to Cancer Council NT's branding and success.

Throughout the years Cancer Council NT has been supported by a dedicated group of volunteers and staff members. Life Membership is awarded to a select group of dedicated people who have given a tremendous amount of support to Cancer Council NT.

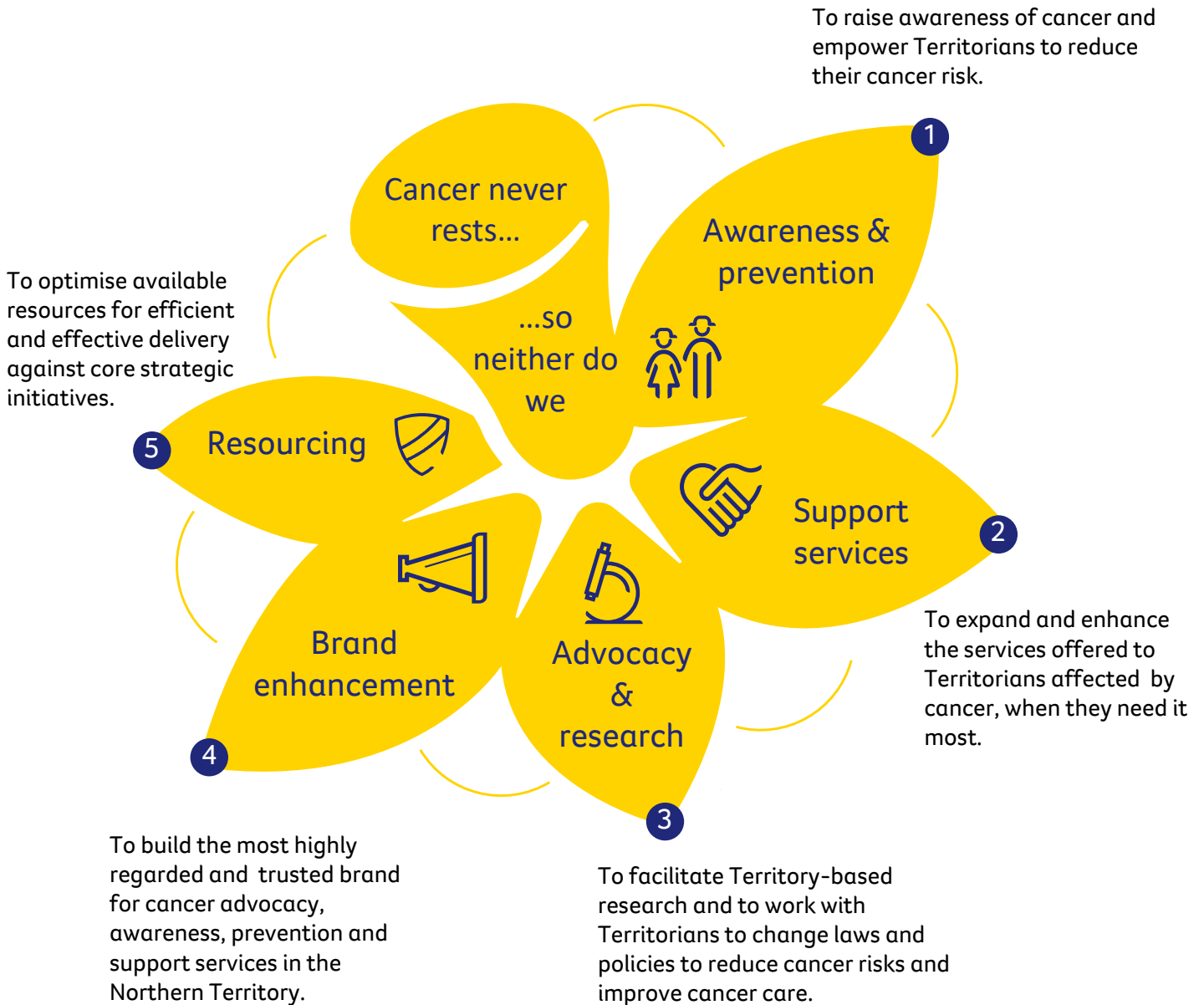
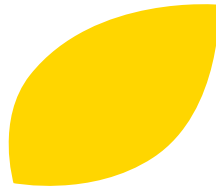
Cancer Council NT's Life Members include:

- Irene Mellios
- Romola Sebastian-Pillai
- Fran Wickes
- Helen Smith
- Marilyn Harvey

We would like to thank you all for your kindness, generosity and support throughout Covid and look forward to working with you again in 2022.

***Every minute,
Every hour,
Every day,
we're getting
closer to a
cancer free
future.***

Strategic objectives





A message from our CEO Tanya Izod Chief Executive Officer

“The Covid Pandemic taught us how resilient we are as an organisation, how dedicated our staff are to our mission and the heartfelt dedication and loyalty of our members”.

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The last 18 months has been a great challenge to Cancer Council NT – it's staff, volunteers, our sponsors, and members. Like many charities across Australia during the rise of the Covid Pandemic Cancer Council NT was forced to change our face-to-face services to patients, cancel our events and fundraising initiatives, and plan for an anticipated significant financial loss to the organisation.

Never in our 40 years have we been challenged as an organisation, as we were challenged in 2020. We fundraise 83% of our budget every year – through our large events like Australia's Biggest Morning Tea and Relay for Life. The Coronavirus (COVID-19) pandemic and its social implications hit us very hard. The challenge forced us to make decisions that we never thought we would make, including what services and support we were able to continue to deliver to Territorians throughout the pandemic. In order to safeguard the future of Cancer Council NT we had to take a good hard look at our financial situation, our staffing, and the services that we could provide our patients during the period of mandated social distancing.

As always it is during such critical times, that an organisation, it's staff, volunteers and members really come together, and we realise the resilience, loyalty and determination that surrounds us at Cancer Council NT. I continue to be awed by the support that we received from our members – our past patients and our staff. Everyone pulled together to ensure that we could continue to provide services to patients and their families. The Coronavirus (COVID-19) pandemic and its social distancing requirements forced Cancer Council NT to significantly modify our face-to-face services however like all flexible organisations we learned to pivot, utilising telehealth and videoconferencing facilities to continue to assist our cancer patients, online cancer prevention education campaigns and online events. We continued to advocate for the safety of our patients, in these most challenging times, because of course we were very aware of the increased susceptibility of our patients to Coronavirus.

In order to ensure the safety of our patients and our staff, we modified the way that we provided our Ostomy Services and we implemented considerable disease control measures in our offices, in order to ensure the safety of patients, staff and volunteers. We progressively placed new distancing procedures in place however as a result of the highly infectious nature of Covid-19, we reluctantly placed our Wig and Bra/prosthetic breast fitting service on hold and were forced to place our Transport to Treatment service on hold – seeking alternate Royal Darwin Hospital bus transport options for our patients.

In order to reduce risk to patients and staff we provided Ostomy services by appointment and collection procedures were changed to allow a separate area for patients to collect products in order to maintain social distancing. This safeguarded patients and staff – whilst still providing this essential service. Our cancer support nursing services were extended with our 13 11 20 nursing hotline available 7 days per week with extended hours into the evening every day. We continued to promote our online community support services, and our telephone support groups to patients throughout the pandemic. This was an extremely challenging time for all our patients and their families - particularly for some of our most vulnerable patients who are living and fighting Cancer.

Towards the end of the 2020 year, we were able to reintroduce some of our face-to-face cancer support services and hold our Daffodil Day and Relay for Life events. Our Daffodil Ladies were out in force and with the only Daffodil flowers sold across Australia – the Northern Territory kept the Daffodil Day tradition alive. Our Daffodil ladies did not disappoint with stalls right across Darwin and Palmerston, Katherine, and Alice Springs. We also realised the amazing support of our Relay for Life teams. Upon making the decision that Relay for Life simply could not be completed with our limited financial resources – our Team Captains got together, started a Committee, and proceeded to put on a 2020 Relay for Life, resulting in a brilliant event. Cancer Council Relay for Life 2020 was only achievable through the dedication of those Captains and the loyalty of our Relay for Life teams. As they said, “we are not going to let Covid stop us from Relaying!”.

Once again, the loyalty of our staff, our members, volunteers, and supporters got us through!

It was also a time to reflect and realise the fierce loyalty of our staff at Cancer Council NT. Very special thanks goes to Theodora Vrodos and Nora Geary who worked tirelessly throughout the pandemic to continue to support their patients over this very challenging time. During the last part of 2020 we also had a very special volunteer. Elsee Tattingham was volunteering with Cancer Council NT three days per week. Elsee worked in childcare and had decided on a change of career – volunteering with us to upskill her administration experience. She then went onto become a full-time staff member in 2021 and now forms a vital part of our Fundraising team at Cancer Council NT.

2021 came up bright and new with the Northern Territory moving back into normality and our services returning to normal – albeit with significant disease control systems in place. It was the year that identified, for the first time in history, the elimination of a cancer – cervical cancer in Australia. In fact, thanks to the historical research funded by the Cancer Council nationally, Australia is now set to eliminate cervical cancer within the next 10 to 15 years (by 2035) under the Government funded Gardasil program. That's phenomenal – for Australia to be the first nation in the world to eliminate cervical cancer is absolutely amazing! Cancer Council NT in collaboration with FanForce delivered the Conquering Cancer film showing the elimination of cervical cancer in Australia and documenting the push to make it a global reality.

Cancer Council NT also introduced the first Indigenous Cancer Unit with staff based in the Borroloola Region. The Closing the Gap Indigenous Cancer project was funded by the McArthur River Mine Community Benefit Trust and provided an Aboriginal Health Practitioner based in Borroloola to support and navigate Borroloola cancer patients through their cancer journey. In collaboration with Cancer Council NT nursing staff in Darwin, indigenous cancer patients were supported through treatment from diagnosis to remission via the Borroloola based Aboriginal Health Practitioner and Darwin based Nursing staff. The pilot project achieved some significant patient outcomes as detailed in the evaluation report which forms part of this annual report.

2021 has also seen an expansion of our staffing skills and experience with the employment of Joseph Mundava, Support Services Manager and Casey Lattrell, Prevention Officer. Our support services have increased exponentially with approximately 30 cancer patient services provided assistance each month and well over 4,400 people receiving cancer prevention education in 2020-2021. A new collaboration with Foodbank, to support our vulnerable cancer patients experiencing food insecurity and a new Tobacco Education program developed to rollout out to schools across the northern Territory deals with not only traditional tobacco but also the rise of e-cigarettes in our Territory schools. Our Cancer Support Services is now working hand in hand with the Alan Walker Cancer Care Centre with our oncology nurse involved in the weekly patient multidisciplinary team meetings and patient treatment programs.

Our mission is to prevent cancer, create hope and help save lives! In 2019 our strategy was to cement our place in the Northern Territory cancer landscape, and I am very pleased to report that we have certainly achieved that mission throughout the 2020 and 2021 year. We continue to develop services and collaborative approaches to staffing our Katherine and Alice Springs offices, to expand our services into those regions and for the good of our most vulnerable rural and remote patients.

Cancer Council NT is extremely lucky to have such a dedicated group of staff with such a passion for cancer prevention. Our mission is to support and care for Territory cancer patients and their families but there is no way that we could do this without our dedicated volunteers, sponsors, and partner organisations!

It's wonderful to see such dedication to Cancer Council NT, and the ongoing support from the people of the Northern Territory. I hope you enjoy reading of the wonderful events, prevention strategies and support programs that Cancer Council NT delivered over 2020 - 2021. We have come out of the last 18 months - all a little wiser and with a lot of new friends!

Thank you again for your support this year - Stay safe everyone!

Our collective Cancer Council

impact



Prevention

The time to stop cancer is before it starts. Prevention and early detection are vital to reducing the incidence of, and mortality from, cancer in Australia.

[Find out more here.](#)

Our SunSmart Schools program

— helps to protect over —

2.3 MILLION KIDS

across the country from overexposure to UV radiation each year, reducing their risk of **skin cancer** in the future.

Our services were accessed

240,000 TIMES

by Australians affected by cancer, **providing vital support**



when they need it most
and making every stage of their **cancer experience easier.**

Support

We're here to listen and care for people at every part of the cancer experience.

[Find out more here.](#)

Research

The key to stopping cancer is understanding it. Every day, we support world-class researchers, empowering them to push boundaries and unlock the answers to understanding, preventing, and treating cancer.

[Find out more here.](#)

Cancer Council investment in research

— assisted in funding —

664 researchers,
297 projects and
49 institutions.

Each dollar invested brings us closer to a

cancer free future.



This year Cancer Council welcomed an **\$8.7 million investment in BOWEL CANCER screening promotion**

and continues to call on government to invest in

LIFE-SAVING

prevention campaigns.



Advocacy

We use our established voice and expertise to advocate on behalf of Australians in places where they are not always heard.





Modelling the impact of COVID-19 on cancer

In response to the COVID-19 pandemic and the potential impact on cancer outcomes, Professor Karen Canfell, Director of The Daffodil Centre, in a joint venture between Cancer Council NSW and the University of Sydney, is co-leading a global research consortium to understand:

- the impacts of the COVID-19 infections and cancer treatment delays on cancer outcomes
- the impact of disruptions to cancer screening and best practice recovery strategies in high income countries
- the impact of changes to smoking behaviour and other lifestyle alterations on long-term cancer risk and recovery prevention strategies.

The consortium is supported by peak international health organisations including the International Agency for Research on Cancer and the International Cancer Screening Network.

The consortium is developing new models to support decision-making in cancer control both during and after the pandemic. This essential modelling will play a crucial role in informing our priorities and messaging.

Cancer Council Researcher recognised for

Excellence

We congratulate Professor Canfell for being awarded a National Health and Medical Research Council Elizabeth Blackburn Investigator Grant Award for excellence and for Leadership in Health Services Research.



Encouraging Australians to continue cancer screening during the pandemic

COVID-19 stopped a lot in Australia. However, our Australian Government funded national cancer screening campaign helped Australians to prioritise doing their [bowel](#), [cervical](#) and [breast](#) cancer screening tests.

The campaign targeted all Australians who were eligible or overdue for screening and ran from September to November 2020 for bowel and cervical screening, while the breast cancer campaign ran from late March to mid-April 2021.

There was particular emphasis placed on strategies to reach Aboriginal and Torres Strait Islander people, culturally and linguistically diverse communities and GPs.

Supported by the Australian Government, our

**\$2.2
million**

cancer screening campaign encouraged Australians not to put off potentially life-saving breast, bowel and cervical cancer screening because of COVID-19.

THE CAMPAIGN AIMED TO:

1

Remind Australians that cancer screening saves lives.

2

Encourage Australians to prioritise cancer screening that might have been put off due to COVID-19.

3

Provide instructions on how to participate in cancer screening.

**THOSE EXPOSED TO THE CAMPAIGN WERE SHOWN TO BE
LESS LIKELY TO DELAY SCREENING TESTS.**





Supporting people with all cancer types

The diagnosis of a rare or less common cancer can be incredibly isolating. Many people struggle to find information specific to their cancer type, which can add to the distress of a diagnosis.

With the help of a Cancer Australia *Supporting people with cancer Grant initiative*, funded by the Australian Government, Cancer Council Australia led a collaborative project to develop web-based resources for people affected by [rare and less common cancers](#).

New Cancer Council fact sheets detail the symptoms, diagnosis, treatment and side effects of 10 cancers. A new booklet includes advice and support services to help people with these cancers cope throughout their treatment experience.

A comprehensive media campaign promoted the new resources to people with cancer and their networks, as well as to health professionals.

Together, rare and less common cancers account for nearly

1 in 3

of all cancers and half of all deaths.

The social media campaign to promote the new resources reached more than

100,000

people.



A new video – Wayne's story – shows what these resources mean to someone with a rare and less common cancer.

Making the costs of cancer treatment clear

Australians have one of the world's highest cancer survival rates. However, cancer treatment can involve multiple healthcare providers, both public and private, which can lead to unexpected out-of-pocket costs.

To help people affected by cancer better understand the costs of cancer care, Cancer Council partnered with Breast Cancer Network Australia, CanTeen and Prostate Cancer Foundation Australia to develop an [Informed Financial Consent Standard](#).

A range of communications supported the launch of the Informed Financial Consent Standard, including an explainer animation video for both people affected by cancer and health professionals; a patient information flyer; an article for cancer care practitioners; and a supporting content toolkit for our Cancer Council members and partner organisations to promote.

This was launched across Australia in September 2020.



Best cancer care for all Australians

Funded by the Australian Government and supported by the Victorian Government, Cancer Council Victoria has developed the optimal care pathways that put the patient at the centre of care decisions.

To promote this, Cancer Council launched a new microsite with updated resources where Australians with cancer could learn about the standard of care they should expect. Originally called *What to expect*, the consumer guides have been reviewed and renamed as [Your guides to best cancer care](#), making them more accessible and engaging.

This project to refresh the guides to best cancer care has been hugely successful in communicating best cancer care across our community.

A communications campaign directed more than

850,000

Australians affected by cancer to the new microsite and resources.



The 'Your guides to best cancer care' microsite made it easier for Australians with cancer to access information with



more visitors than in the previous year.



Busting cancer myths

We've seen the problems of health misinformation around COVID-19 – and cancer is no different.

In 2021, Cancer Council launched a campaign to debunk common cancer myths and reinforce our position as a leading source of cancer information.

Launched on World Cancer Day (4 February) the campaign used new research to refute myths and highlight cancer facts across media, social media, and our relaunched [iHeard](#) website.

Since the relaunch of the iHeard website, hundreds of thousands of Australians have visited iHeard to check false cancer claims and get the facts on cancer prevention and treatment.

*What do Australians believe about cancer?
To compile the most common cancer myths, we conducted research with*

1000

Australians.

Our World Cancer Day campaign reached around

5 million

Australians across print, television, radio, online, and social channels helping sort fact from fiction.

Fact vs fiction



2 IN 3

Australians incorrectly believe that animals can sniff out cancer.



2 IN 5

Australians incorrectly believe alternative therapies can cure cancer.

Cancer Support Services

Cancer Council NT Support Services continues to be at the core of what we do, more so during the global pandemic where anxiety and depression are on the rise from delayed diagnosis, limited access to services due to lockdowns, and general worries about a cancer diagnosis and Covid. The use of evidence-based information to support cancer clients and their families during their cancer journey help with decision making, reduces worry, extend support repertoires, and empower clients with knowledge to get the most from their healthcare team. This helps patients cope with adverse effects associated with treatment, increases satisfaction with treatment, improves communication with family and ultimately improves quality of life. Effective cancer treatment support is achieved through provision of high quality, reliable information, and compassionate support on all aspects of cancer to those concerned or affected by cancer.

Cancer Council NT work alongside cancer treatment services for fuller integration of supportive care benefiting both the client and clinician.

Our reach in 2021

- **768** patient support episodes
- **240** people attended cancer information sessions
- **26** clients assisted with Telstra Bill Assistance Program Vouchers
- **33** clients accessed financial assistance
- **26** clients provided with wigs
- **46** clients supported with bra/breast prosthesis fitting
- **38** clients and families attended cancer support groups

Cancer Support Groups

Cancer Support groups provide a platform for people affected by cancer to meet in an emotionally supportive environment. A support group facilitates access to emotional and practical support from others with a similar lived experience. Through speaking with peers' clients become empowered to seek the information and support they need. Cancer Council NT now run cancer support groups every four weeks in Darwin and Katherine. Different speakers have presented at these support groups on various topics such as palliative care support, cancer and nutrition, cancer and diabetes, and cancer survivorship.



Joseph T Mundava

Cancer Support Services Manager

Joseph joined Cancer Council NT in November 2020. He has 17 years nursing experience with the majority of that spent in oncology nursing. Joseph is a highly experienced oncology nurse having achieved his Diploma in Adult Nursing in London, United Kingdom (2004); his BSc in Cancer and Palliative Care at Oxford Brookes University – Oxford, United Kingdom (2013) and his Postgraduate Diploma in Health Sciences at Otago University New Zealand (2018). He has worked in different cancer care settings in both England and New Zealand and has a passion for cancer awareness, early detection, hard to reach groups and treatment equity. Joseph's experience includes Day Unit Charge – Mercy Hospital NZ, Clinical Nurse Specialist – Medical Oncology Timaru Hospital NZ, Cancer Information Support Specialist – Macmillan Cancer Support England & Wales and Oncology ward staff nurse at Oxford University NHS Hospitals England. Joseph is skilled in cancer treatment modalities, strong community engagement and program implementation. He has a demonstrated history of working in the private and public health sector driving forward quality and best practice. Outside work, Joseph is an avid runner and enjoys community events.

Cancer Information Sessions

Cancer is a major burden to the Australian Health system with an estimated cost of \$6billion per year. Each year an estimated 150 000 people are diagnosed with cancer and nearly 50 000 deaths are cancer related. These numbers emphasise the economic importance of effective cancer prevention strategies. Cancer Support Services NT in conjunction with the Health Promotion Officer have been running education sessions targeting at risk groups, hard to reach and low socio-economic groups in raising cancer awareness.

Breast Cancer and early detection presentation:



Joseph Mundava, Cancer Support Service Manager
Casey Luttrell, Cancer Prevention Officer

Cancer Support Services Working Group

The Cancer Support Services Working group is an initiative of Cancer Council NT to bring together various, private, charity and non-government and government agencies, whose mission is to support cancer patients across the NT. Cancer Support Services Working Group membership includes, Cancer Council NT, Palliative care, Darwin Private Hospital, NT Government allied health professionals, pastoral care and other specialist cancer support services. This multidisciplinary group provides a level of expertise to Cancer Council NT, for various projects to bridge identified gaps in cancer care across the Northern Territory.

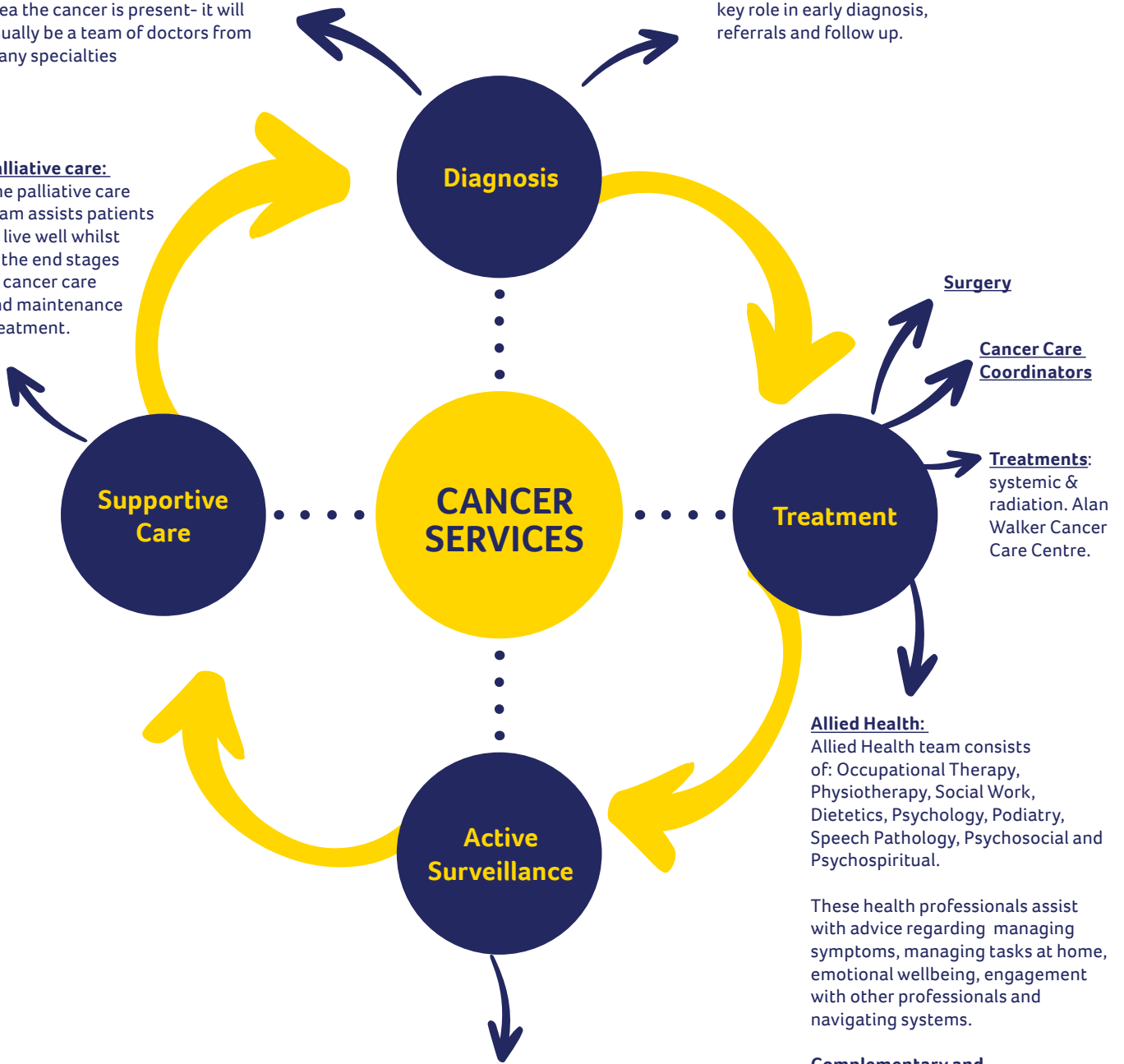
The Cancer Support Services Working group brought together cancer support services in Darwin and Alice Springs to develop a patient information pamphlet with contact details of cancer support services in Darwin and Alice Springs. After initial rollout in Darwin, this pamphlet will be extended to all regions across the Northern Territory. The project is currently being finalised and will be presented to the Director of Cancer Services NT for inclusion in the NT Government and Alan Walker Cancer Care Centre patient orientation documentation.



Specialist Cancer Doctor:
This could be an oncologist, a surgeon, or a specialist in the area the cancer is present- it will usually be a team of doctors from many specialties

GP:
GP's cover the full spectrum of cancer care and have a key role in early diagnosis, referrals and follow up.

Palliative care:
The palliative care team assists patients to live well whilst in the end stages of cancer care and maintenance treatment.



Surgery

Cancer Care Coordinators

Treatments:
systemic & radiation. Alan Walker Cancer Care Centre.

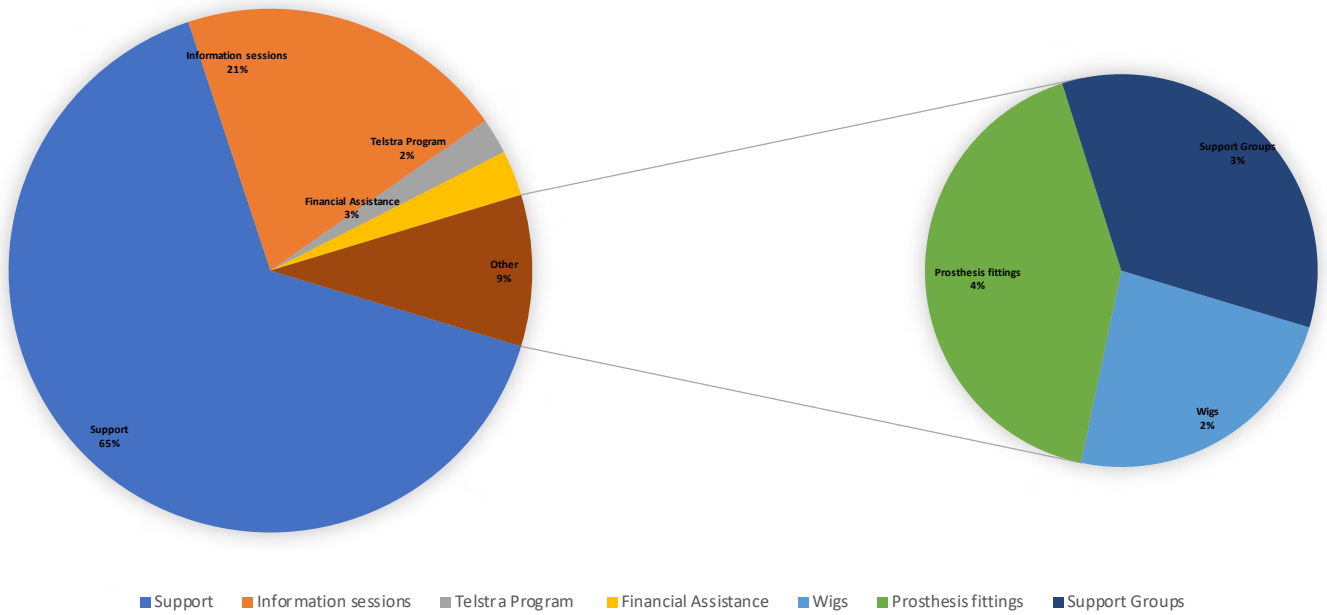
Allied Health:
Allied Health team consists of: Occupational Therapy, Physiotherapy, Social Work, Dietetics, Psychology, Podiatry, Speech Pathology, Psychosocial and Psychospiritual.

These health professionals assist with advice regarding managing symptoms, managing tasks at home, emotional wellbeing, engagement with other professionals and navigating systems.

Complementary and alternative therapies
To be discussed with your treating doctor about available complementary and alternative therapies.

Surveillance may be an option through health care provider/GP.

Clients assisted through practical programs

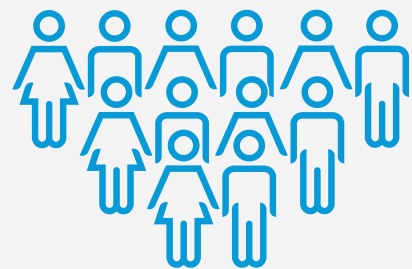


Cancer Survivorship

The number of people living with and beyond cancer, or “cancer survivors” is increasing in Australia with an estimated 450 000 for the five-year period 2012 to 2016 living with cancer. Becoming a cancer survivor happens at the time of diagnosis. When cancer treatment ends, the transition to a new normal can be hard. Cancer survivors often experience long term negative consequences of their cancer and cancer treatment. The cancer survivorship NT will have a systematic, multidisciplinary care approach that optimises self-management and enhances coordinated and integrated survivor-centred care from diagnosis.

The basis of the survivorship program is to improve the physical, emotional wellbeing and provide support to people living with and beyond cancer. The expected outcome from the survivorship program is to see a smooth transition from treatment to a new normal with a reduction in the frequency of side effects and better psychosocial support.

CANCER SURVIVORS
450.000



Transport to Treatment Program (T2T)

Cancer Council NT's Transport to Treatment program started in 2018 and is one of Cancer Council's most in demand services. This program has grown every year with more volunteering hours and more patients requesting the service. This is the only transport service in the Territory specifically for cancer patients with individual transport provided door to door.

Travelling to treatment can be challenging, especially when cancer treatments last for many weeks or months and can be a significant burden on the resources of the individual and their families.

The program sees volunteer drivers take cancer patients to and from appointments at the Alan Walker Cancer Care Centre, Royal Darwin and Palmerston Hospitals from Monday to Friday every week.

In addition to her finance work, Nora Geary also coordinates the Transport to Treatment program. Nora has a great relationship with the patients and drivers – "As patients complete their treatments and return to their normal lives, they often pop in to see us, just to say hi and offer their help if they can; and that is what makes this program so rewarding".

"Patients get referred to us when they have no reliable transport or are unable to get to their appointments. Our volunteer drivers are there to hear their stories and share their own. The majority of these stories are not about their diagnosis or treatment but about everyday life and where they come from".

There are currently 8 volunteer drivers involved in Transport to Treatment, with some of the drivers having also been personally affected by cancer.

"One of the volunteer drivers met a distant cousin from the same village in Scotland to where her ancestors came from and got more information about her family tree" – Nora.

Angela has been a volunteer driver for two and half years and has a collection of plants from bulbs that she has been given from patients along with many mangos and lemons. "We are here to help, listen and lend a hand and in return we get gifted with fruit from gardens, dishes from different cultures and sweet treats to have with morning tea as a show of appreciation from patients", Angela said.

From April 2020 the program unfortunately had to be placed on hold due to Covid social distancing requirements, however as soon as Cancer Council was allowed to start the program again, we did, with all our drivers coming back on board to continue this vital service in 2021.

Our Transport to Treatment service has seen increased client referrals throughout 2020/21. Our drivers travelled a total distance collectively of 22,513km to provide 68 cancer patients with a total of 1125 trips. Over 2020/2021 our volunteer drivers completed a total of 1,573 hours of driving.

The co-ordination of the T2T Program and the upkeep of the vehicles is fully funded by Cancer Council NT through public donations and our major event campaigns such as Australia's Biggest Morning Tea, Daffodil Day and Relay for Life.

"We have a laugh and tell silly jokes! Whilst cancer is a serious business, you find that the patients are very positive about their conditions, they laugh with you about the silliest things, and the staff are so dedicated to the patients and their families, it's a great place to work." – Nora.



"One of the volunteer drivers met a distant cousin from the same village in Scotland to where her ancestors came from and got more information about her family tree" – Nora.

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Ostomy Services

Cancer Council NT is the only Cancer Council in Australia who provides Ostomy services. In other states of Australia Ostomy patients are serviced by Ostomy Australia but in the NT all Ostomy patients across the Northern Territory are serviced from our Cancer Council office in Darwin. Ostomy products are posted and couriered all over the Territory, including to remote Aboriginal communities and Cattle Stations throughout rural and remote areas.

For the past nine & half years Theodora Vrodos has been our Ostomy 'guru' and Theodora is one of the most loved and respected members of our Cancer Council team in the NT. Ostomates regularly praise the work of Theodora for her compassion and support to clients and carers.

"Theodora is a gem; she knows everything about the products and can explain how to use them and in particular what will suit the Territory conditions".

"Theodora is a gem; she knows everything about the products and can explain how to use them and in particular what will suite the territory conditions"

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Month 2020/ 2021	Total # Clients	No of Appliances	Collections	Postal	New members
January	237	486	107	44	4
February	241	500	114	42	4
March	248	652	130	52	7
April	245	509	99	42	4
May	240	440	87	38	2
June	245	546	108	41	8
July	246	526	110	45	5
August	243	554	114	46	5
September	240	476	100	42	2
October	241	485	107	34	8
November	244	585	122	48	8
December	240	584	112	48	5
January	234	500	99	39	4
February	232	565	127	42	9
March	234	600	139	47	6
April	237	534	128	43	6
May	227	561	133	37	5
June	234	555	126	44	6



Exposing an invisible workplace hazard

Australians who work with building materials such as engineered stone, bricks, tiles and concrete have a high risk of inhaling harmful [silica dust](#). A hundred times finer than a grain of sand, silica dust can cause lung cancer, silicosis and other serious diseases when inhaled. Around 230 Australians develop lung cancer each year as a result of exposure to silica dust.

In May 2021 Cancer Council ran a campaign, funded by the Australian Institute of Occupational Hygienists (AIOH) Foundation, to better inform workers in the artificial stone industry on ways to protect themselves from silica dust exposure.



Our campaign animation was viewed over

609,000

times by people identified as most likely to be at risk of exposure to silica dust.

Campaign content was shared on Cancer Council social media channels reaching a potential audience of over

360,000

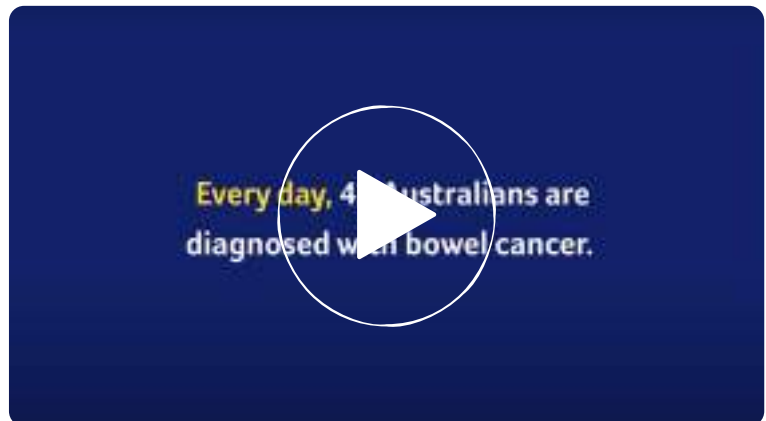
people.



A boost for bowel cancer prevention

Cancer Council worked closely with the Australian Government to secure ongoing investment in life-saving bowel cancer screening campaigns. On 27 May 2021, \$8.7 million for a new Cancer Council campaign was announced. Bowel cancer claims the lives of nearly 100 Australians per week but if caught early more than 90 per cent of cases can be successfully treated.

Cancer Council welcomed this funding and continues to encourage the government to support ongoing communications in order to keep bowel cancer screening participation top of mind. Cancer Council modelling shows that if we can increase bowel cancer screening participation to 60 per cent by 2040, we can save 84,000 lives, and massively reduce healthcare costs. However, to do this, annual national communications campaigns are essential.



Cancer Council will use the Federal Government's latest investment in bowel cancer screening to target:

- Australians aged 50-74, including priority sub-groups:*
 - People aged 50-59*
 - Aboriginal and Torres Strait Islander people*
 - Culturally and linguistically diverse communities*



93,000
extra test kits returned



860
bowel cancers prevented



470
lives saved...over the next 50 years

Leading the call for tobacco reduction

A comprehensive strategy is urgently needed to reduce the deadly toll of tobacco smoking in Australia. Cancer Council welcomed the Federal Minister for Health, Hon. Greg Hunt's commitment, announced in 2019 to reduce the adult smoking rate to less than 10 per cent – however, a comprehensive range of measures are needed to reach this goal and prevent the one-in-five cancer deaths caused by smoking.

To support this goal, Cancer Council has continued to make sure tobacco control is a priority.

As well as reminding Australians of the resources available to help them to quit, we are proactively calling for the Australian Government to revive Australia's National Tobacco Campaign, strengthen efforts to reduce smoking in Aboriginal and Torres Strait Islander communities and protect young people from the tobacco industry.

In support of a comprehensive approach to tobacco control, in September 2020, Cancer Council and the Sax Institute published a special edition of the [Public Health Research and Practice](#) journal. Focused entirely on tobacco control, this edition emphasised the need for renewed government action and highlighted evidence that is available on much needed interventions.

We look forward to working with governments across Australia to continue to drive down tobacco use and save lives.

Increasing the effectiveness of tobacco tax policy

Australia is leading the way with some of the strongest tobacco control policies in the world. However, the tobacco industry consistently undermines the effectiveness of tobacco tax increases through aggressive price-related marketing.

Through our investment in the Australian Prevention Partnership Centre, we are co-funding a research project that is modelling the impact of prices, consumption and quitting on policies to reduce price discounting and end promotion of cheap tobacco products.

Tobacco smoking causes


one fifth

of all Australian cancer deaths, making it the highest single risk factor for cancer.

Smoking causes

16 different cancer types

including lung cancer - Australia's **deadliest** cancer.



Cancer Council calls for a comprehensive tobacco strategy including a hard hitting public education campaign.



Researchers will also use the latest communications research to propose revised and expanded warning messages. The project will provide policymakers with clear ways to reduce smoking and save lives among Australia's most disadvantaged groups.



Find out more [here](#)

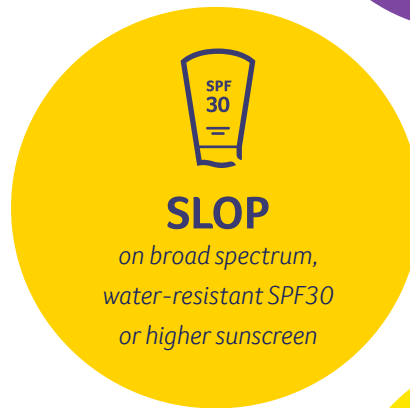
A SunSmart reminder for Generation X

Despite over 2000 Australians dying of skin cancer each year, Australia has not had a federally funded national skin cancer awareness campaign for over a decade. There is an urgent need to use mass media campaigns to drive [SunSmart](#) behaviours in Australians.

To address this, Cancer Council, in partnership with the Australasian College of Dermatologists, launched the 'Still the Same Sun' campaign during National Skin Cancer Action Week in November 2020. This campaign had the dual purpose of calling for government investment and reminding Australians that they need to 'Slip, Slop, Slap, Seek and Slide' during summer.

The campaign was informed by Cancer Council research which exposed some particularly risky behaviour amongst the 25-44 year-old age group. 'Still the Same Sun' was designed to demonstrate that whilst many things have changed in the 40 years since the original 'Slip, Slop, Slap' campaign first aired, the sun is still just as dangerous for skin cancer as it was then.

During the campaign period we were delighted to see the government include skin cancer awareness in the draft National Preventive Health Strategy. We continue to urge the Federal Government to invest \$20 million annually over the next three years in national campaigns to prevent skin cancer and save lives.



More than

95%

of skin cancers could be prevented through sun protection.



Bringing SunSmart products to Australians

The sale of branded Cancer Council hats, sunglasses, sunscreen, shade items, clothing and swimwear continued to deliver a vital revenue stream to fund Cancer Council's work across cancer research, prevention, and support. It also supported Cancer Council's broader mission to increase the number of Australians using sun protection by providing practical, affordable and high-quality products.

In summer 2020, our licensing partners funded a marketing campaign to remind Australians to use five forms of sun protection. With COVID-19 still impacting on our retail sales, we appreciate the many Australians who continue to purchase the sun protection products that help fund our work.



2021 Cancer Council NT Prevention Report

Cancer Council NT works across the Territory with various communities and organizations to promote and advocate for cancer prevention. We recognize the importance of educating the community on cancer prevention as one in three cancers can be prevented through diet, lifestyle, and screening programs. This is achieved by delivering presentations and health promoting sessions which allow us to engage with the community and people from all backgrounds in a culturally appropriate way.

Throughout 2020 - 2021 over 4,400 people received cancer prevention education awareness across various schools and workplaces in the Territory.

33 schools and Early Learning centers either entered the SunSmart Program or renewed their membership. In addition, 16 Camp Australia OHSC centers from Darwin, Palmerston, Katherine, and Alice Springs joined the SunSmart Program. It was wonderful to see schools and early learning centers determined to protect the health of little Aussies and joining the Cancer Council NT to protect children from the harmful Territory UV rays, to prevent skin cancer later in life.

To help in ensuring Cancer Council NT is up to date with the latest evidence and research, Casey Luttrell, Cancer Council NT's Prevention Officer is involved in various Public Health Committees and Working Groups. Participation of these committees means that Cancer Council NT can help to educate Territorians about the risks of cancer, and advocate for policy change and program implementation to reduce the risk of cancer amongst Territorians.

Our Cancer Council NT Prevention Officer is a member of the following national committees:

- National Skin Cancer Committee
- National SunSmart and Early learning working group committee
- Nutrition and Physical Activity Committee
- National Tobacco Issues Committee
- National Workplace SunSmart Committee

And the following Northern Territory Working Groups:

- NT Health Promotion Network
- Good Health Alliance Working Group
- Cancer Support Services Working Group



Casey Luttrell Prevention Officer

Casey joined the Cancer Council NT team in January 2021 after moving from Melbourne to the Northern Territory in 2020. She has a background in nutrition, completing a BHSc Nutritional Medicine in Melbourne in 2018, and is currently undertaking her Master of Public Health at Charles Darwin University. Casey is also a member of the Public Health Association of Australia and has been involved in the associations National Mentoring Program as a mentee.

Casey has a passion for nutrition, health and wellbeing, Aboriginal and Torres Strait Islander health and improving population health, particularly lifestyle related diseases. Outside of work, Casey enjoys cooking and the renowned Top End markets.

“One in three cancer cases can be prevented through healthier lifestyle choices.”



SunSmart Program

Cancer Councils National SunSmart program continues to be one of Australia's most successful public health interventions. Childhood exposure to UV rays dramatically increases the risk of skin cancer development in later life. Therefore, the SunSmart program is so important to educate Territory school aged children on sun safety behaviors so they develop positive habits that can be carried into adulthood. The purpose of the SunSmart program is to ensure staff are well supported with resources to teach children about appropriate sun safety behaviors and to ensure the school community are committed to promoting skin cancer awareness and prevention.

PREVENTION HIGHLIGHTS FROM 2021

Tindal RAAF Base – Health promotion sessions

Tindal RAAF Base is one of Cancer Council NT’s biggest fundraising supporters. Now, the partnership between Tindal RAAF Base and Cancer Council NT has extended further with the base running health promotion education sessions to health professionals. The prevention officer at Cancer Council NT and two health professionals from the Tindal RAAF base health centre, have been working together to create an environment within the health centre that is health promoting and provides staff with resources and information to reduce cancer risk through encouraging positive changes to improve health and wellbeing. The purpose of the education sessions is to create an awareness around preventative health, particularly as one in three cancers can be prevented through lifestyle changes. The sessions delivered have focused on skin cancer and promoting safe sun protection behaviors to reduce the risk of skin cancer, nutrition, and lifestyle related cancers. Education sessions included gynecological cancers including men’s health, and women’s health in relation to reducing cancer risk through healthy lifestyle choices. The Cancer Council Prevention Officer is training health professionals at Tindal RAAF so that these cancer risk reduction programs can then become part of RAAF Base Tindal healthy living education.



School Smoking Cessation and Education Program

Research has shown that the earlier someone begins smoking, the more likely they are to form addictive habits and therefore continue to smoke into adulthood. Further, the emergence of e-cigarettes has become particularly appealing to adolescents within the 12–15-year-old age group and they are more likely to try e-cigarettes compared to older age groups. There are numerous factors and social determinants of health, that influence adolescent smoking behaviors; therefore, it is important adolescents are well supported and provided with the best available evidence to make informed, healthy choices when it comes to smoking. Schools provide an optimal setting for delivering educational programs as it allows students to make informed decisions about their health and develop positive habits that can be carried into adulthood.

Cancer Council NT received grant funding through Department of Health – Alcohol & Other Drugs division, to implement this program in Darwin and Palmerston schools. The goal of the program developed by Cancer Council NT is to address the high rates of smoking in the Northern Territory and reduce cigarette and e-cigarette uptake amongst adolescence through evidence-based lessons that provide students with the skills and knowledge to promote positive decision making.

Schools that participated in the program in 2021 included:

- Sanderson Middle School
- Darwin High School
- Palmerston College
- Dripstone Middle School

The program will be evaluated in December 2021 to review the effectiveness of the program, however current evidence from teachers and students has cited the importance of this program and schools are already looking for ongoing delivery into 2022.





4,400

people received cancer prevention education awareness across various schools and workplaces in the Territory.



Did you know

- Overweight and obesity are now linked to 13 different types of cancers.
- The Northern Territories UV rating is highest in the wet season from September to April.
- Australia is on track to eliminating cervical cancer by 2035 through the successful screening program.

Cancer Prevention Sessions

Non-Resident Nepali Association (NRNA)

On the 7th of March 2021, Cancer Council's Prevention Officer Casey, and Cancer Support Services Manager Joseph, presented to the NRNA of Darwin on cancer awareness. The presentation specifically focused on cervical cancer, ovarian cancer and prostate cancer, as these cancers are often not spoken about amongst the Nepalese community. The purpose of presenting on these topics was to encourage people to become more aware of these types of cancers and the importance of screening, particularly in relation to cervical cancer. Further information included cancer prevention and how to maintain a healthy lifestyle, with emphasis on how important it is to eat a healthy, well-balanced diet, to regularly exercise, reduce alcohol intake and avoid smoking, as one in three cancers can be prevented simply by avoiding modifiable risk factors.

Community awareness is so important when it comes to cancer education, and it was great to see members of the Nepalese community attend this presentation to learn more about cancer and how best as a community and individually cancer can be prevented.

Quitskills Training

In March 2021, Cancer Council NT hosted a three-day Quitskills Training Workshop for some of the Cancer Council Staff and external Health Professionals. Additionally in May 2021, Cancer Council NT hosted another Quitskills Training workshop in Borroloola focusing on smoking and maternal health. Attendees included Cancer Council NT Prevention Officer, Cancer Support Nurse Manager, MRM Project Coordinator, and MRM Aboriginal Health Practitioner, as well as other Health Professionals and Educators from the Borroloola Health Clinic, Indi Kindie and Li-Ardubirri Playgroup. All attendees were trained in smoking cessation, education, smoking prevention, and client support strategies.

Workplace Prevention Education

Throughout the year, Prevention Officer Casey Luttrell has engaged with the construction industry to deliver presentations and education to construction workers across the Darwin region. Cancer Council NT and MATES in Construction have developed a great relationship, with a shared passion for improving the health and wellbeing of construction workers. Presentations have been held at Larrakeyah Barracks and Berrimah RAAF Base, to construction workers as part of their daily toolbox sessions. Education focused on skin cancer prevention and workplace cancer to ensure workers are well informed about reducing their cancer risk when working outdoors and in the workplace.



Did you know

- Eating a fibre rich diet including 5 serves of vegetables a day can help prevent 1 in 6 bowel cancers.
- Alcohol is proven to increase your risk of 7 different types of cancer including mouth, throat, oesophagus, stomach, bowel, liver and breast
- Smoking still causes 1 in 5 of all cancer deaths
- The Top End's UV rating is always at extreme and Territorians should always wear sunscreen, a hat and sun protection – even on cloudy days.

Over

145,000

new cancer cases were diagnosed in Australia in 2020, that's 397 new diagnoses per day.



Estimated 151,000 **new cancer cases will be** diagnosed in 2021.

Between 2013-2017

people diagnosed with cancer had a **70%** chance of surviving for 5 years compared to **51%** between 1988-1992.

Over 1 million Australians are cancer survivors.

Expected to be **38%** increase in cancer diagnosis between 2015-2025 and an increase in the number of people living longer with cancer.

10% of all Australians aged >60 years and more than 23% aged >80 years are cancer survivors.



Almost **7 in 10** Australians will survive for at least five years after cancer diagnosis.





Indigenous Cancer Unit



Educating a group of community women outside the Malandari shop, Borroloola

Cancer Council NT – Indigenous Cancer Unit

In July 2020, Cancer Council NT in collaboration with McArthur River Mine Community Benefit Trust established the Closing the Gap in Aboriginal Cancer program in Borroloola.

The Cancer Council NT Indigenous Cancer Unit was established to address the increasing disparity between Indigenous and non-Indigenous cancer rates in the Northern Territory. The Australian Government 2020 Closing the Gap report identifies cancer as the number one killer of Aboriginal people in the country, surpassing cardiovascular disease. In the Northern Territory the Indigenous population has a lower incidence of cancer, however they have a significantly higher mortality rate. Furthermore, the people in the NT Gulf region have a 76% higher cancer mortality rate than the rest of the country.

The Cancer Council NT Closing the Gap in Aboriginal Cancer program was a pilot program based in Borroloola and funded for a 15-month period from July 2020 to September 2021. The program had two primary objectives. The first to support newly diagnosed cancer patients through their cancer journey and to support those who have completed treatment and are undergoing cancer review. The second objective to educate and improve the Borroloola community understanding of cancer prevention, to minimize their cancer risk, and to recognize the signs and symptoms of cancer.

Cancer Council NT employed a full-time (1 FTE) female Aboriginal Health Practitioner (AHP), a local indigenous leader based in the Borroloola community; and two Cancer Council NT funded cancer support nurses (one male and one female) based in Darwin, who travelled to Borroloola for patient support as required. The Cancer Council NT nurses also assisted Borroloola patients whilst they were in Darwin for treatment.

The Cancer Council NT AHP based in Borroloola, and the male and female cancer support nurses in Darwin act as liaison for all Borroloola based patients who travel to cancer treatment centres in Darwin and southern states of Australia for treatment. The AHP and nursing staff provide one on one support and guidance to patients: attending clinical meetings, explaining cancer treatment process, and navigating patients through the hospital system throughout their treatment.



Annie Taylor – Aboriginal Health Practitioner, Giam Kar – Cancer Council NT Director, Anne Weir – Cancer Council NT Nurse and Tanya Izod – Cancer Council NT Chief Executive Officer.

The Closing the Gap in Aboriginal Cancer program worked very effectively with the Borroloola based female AHP working directly with female patients, the male cancer support nurse working with male patients (face to face in Darwin and via telephone) and the Darwin based female cancer support nurse working with Borroloola patients whilst they were in Darwin for treatment (in collaboration with the female AHP). All three staff worked as part of a multidisciplinary team in conjunction with the Borroloola clinic staff and Borroloola based social worker assisting in client care.

The Borroloola project resulted in some significant success stories for indigenous patients who had disengaged from their cancer treatment and for the overall health literacy of the Borroloola community. Health promotion and cancer prevention activities also formed a large component of the outcomes of the Cancer Council NT Closing the Gap in Aboriginal Cancer program. PowerPoint presentations included the 'Role of the Aboriginal Cancer Navigator', 'What is Cancer' and a 'Staying Healthy' PowerPoint presentation designed for use with younger school aged kids with a focus on cancer prevention. In addition, the AHP provided education to local community women on breast awareness and breast cancer screening and, in collaboration with the NT Government, Cancer Council NT's AHP and nursing staff were heavily involved in the NTG Breastscreen, breast screening program in Borroloola June 2021.

In the longer term, Cancer Council NT is now developing similar initiatives in the Katherine region with the intention of further development of this program across the broader Northern Territory into the future. It is our great hope that this model for intensive support of indigenous cancer patients may well be the new model for indigenous cancer care across Australia.



Annie Taylor – Aboriginal Health Practitioner, Anne Weir – Cancer Council NT Nurse

Activity	→ 30th October	1st Nov – 31st Jan	1st Feb – 31st Jul	1st Aug – 30th Sep	Total → 30th September
Number of Cancer Patients in Program	3	6	12 (including pts ongoing)	1	13
Stage of Disease at Time of Diagnosis	Very late stage x1	Very late stage x1	Early stage x1	Very late stage	
Number of Directly Engaged Family Members	25	33	++	++	58++
Number of Interactions with Patients and Family in Borroloola	12	38	40+	4+	94++
Number of Interactions with Patients and Family in Darwin	2	15	54	11	82
Number of Teleconferencing/ Coordination of Patient Care	0	2	60	5	67
Number of Education Sessions Delivered	9	11	8	13 + radio announcements	28
Population Educated in Cancer Prevention and Early Detection	107	139	#127+	All community members accessing 8MAB-	5
'Voice of the Gulf' Radio	258+	476	100	42	2
Number of Referrals to Health Clinic for investigations or chronic disease concerns	0*	0*	0*	0*	0*
Satisfaction Survey Participants	N/A	8	1	1	10



Quitskills training, Batchelor College Facility, Borroloola



Experiencing the making of a treatment mask for radiation, Alan Walker Cancer Care Centre, RDH



Learning about cancer cells through a Microscope, Pathology Laboratory, RDH



Quitskills training, Batchelor College Facility, Borroloola



Borroloola and Gulf Region Cancer Project

Cancer Council NT working with MRM's Community Benefit Trust are working to improve the cancer outcomes of the Borroloola and Gulf region communities.



Aboriginal health Workers will be working in Borroloola to:
help people and their families in the community affected by cancer
teach the community about the signs of cancer and why it is important to go to the clinic if they have any signs.

Cancer Council NT Nurses will help support Borroloola & Gulf Region Community patients while they are in Darwin for their treatment.

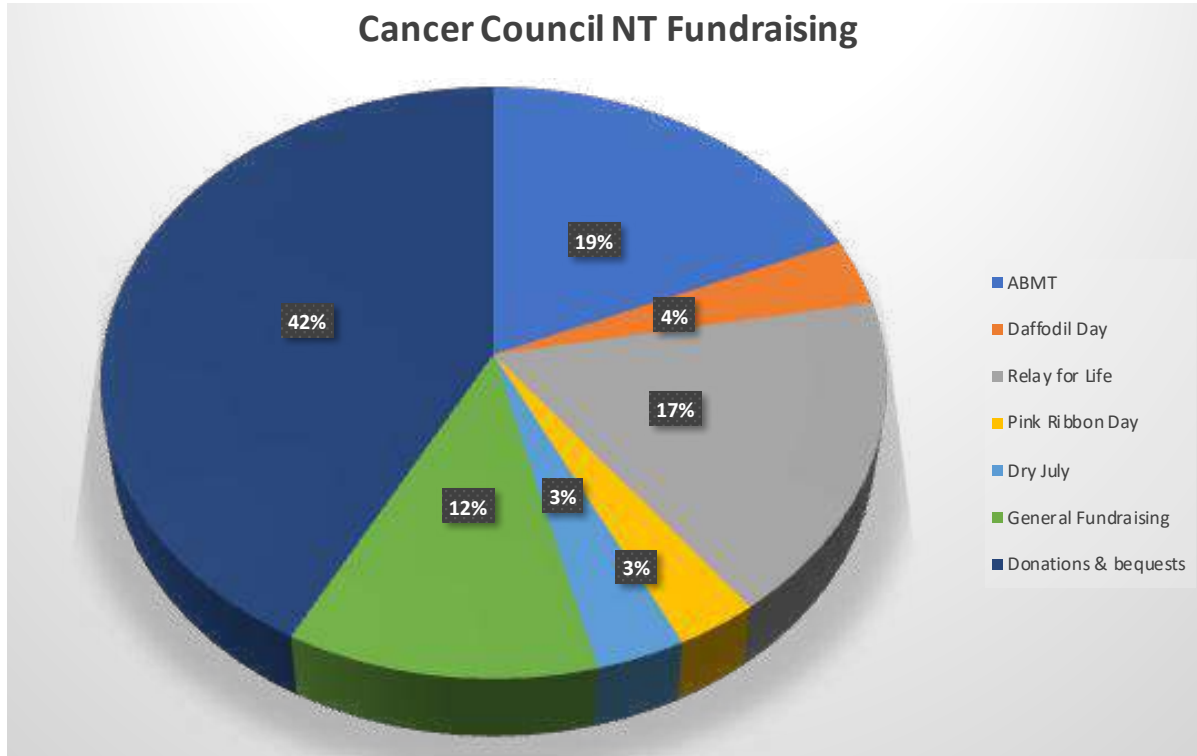
The Borroloola and Darwin teams will work closely together to help improve each patient's cancer journey.





Cancer Council NT Fundraising

The Cancer Council NT fundraising team continued to engage and partner with our local community, corporate and government sectors in Darwin, Katherine and Alice Springs.



Cancer Council NT fundraises 83% of our funding every year. So in 2020 the Covid social distancing and lockdown regulations hit our fundraising initiatives very hard, with all of our events cancelled from March 2020. It was during this time that we truly understood the loyalty and level of support that Territorians had for Cancer Council NT and patients across the Territory. In the 2020 / 2021 year our donations, bequests and general fundraising, with 3rd party community fundraisers, achieved the highest fundraising for the period. Our volunteers on Relay for Life and Daffodil Day were out in force again achieving great fundraising results in a very difficult financial climate. Our staff worked tirelessly to engage the community and towards the end of the year put together some of the best events that we have had to date. 2020 and 2021 have been very tough year's for Cancer Council NT staff as it was our administrative and prevention staff who were left to run events and fundraising for the company. Staff worked long hours and learnt a lot of new fundraising skills along the way. We also had a new volunteer who came to Cancer Council NT to learn administration and ended up working on events as well. Elsee Tattingham joined Cancer Council NT in January 2020 and worked with our staff for one of the most difficult years in our history. A huge thank you to Nora Geary, Theodora Vrodos, James Brideson and Elsee Tattingham for their efforts throughout the 2020/2021 period – we absolutely would not have achieved these fundraising results without their dedication and support.

“ What better way to gain experience than to volunteer! ”

Bio **ELSEE TATTINGHAM**

Elsee Tattingham began her role as an Administration Officer in January 2020 after volunteering with Cancer Council NT 3 days a week for 4 months to gain experience in administration. Elsee worked as an Early Childhood Educator for several years before deciding to make a change.



Fundraising National Events

Relay for Life

In 2020 Cancer Council NT was forced to vastly reduce staffing numbers and to ensure that all efforts were put into Cancer support services for patients across the NT. With this in mind, it was decided that the annual Relay for Life event would be cancelled for 2020 as it was simply too great an event for us to undertake with such limited staff. We contacted our long term team captains and announced that we would cancel Relay for Life 2020.

Of all the experiences that we have had during the Covid pandemic – this is one that will remain with us forever. The Team captains came up with a strategy to run Relay for Life for Cancer Council - on a shoestring budget and with all of them putting in together to organise and hold the event in 2020. The Cancer Council NT team were gobsmacked! These guys were not going to allow Covid to ruin the event that they had been part of for years – in fact some participants had been involved in Relay for Life for over ten years with Cancer Council NT! So Cancer Council NT Relay for Life 2020 went ahead and we raised \$68,000. The event was fantastic with over 250 people involved in relaying to support Territory cancer patients. Cancer Council NT would like to acknowledge the dedication and hard work that went into Relay for Life 2020 and the continued work for 2021 – we absolutely could not have done this without our great committee!



Daffodil Day

Daffodil Day 2020 was also rescheduled due to Covid social distancing and as such our stalls were on hold until the later part of 2020. All over Australia Daffodil Day flower stalls were cancelled however Cancer Council NT, with the assistance of our Daffodil Ladies were still able to sell our much loved Daffodils in Darwin, Katherine and Alice Springs. In fact Cancer Council NT and Cancer Council Tasmania were the only two Cancer Councils in Australia, to sell Daffodils in the 2020 year. Cancer Council NT held 13 stalls and our Daffodil Ladies did not disappoint with all Daffodils sold and much needed funds returned to patients living with cancer in the NT.



RAAF Tindal

The RAAF Tindal annual rugby match was initially cancelled due to Covid lockdown however it was rescheduled to 2021 and Cancer Council NT were once again the primary charity of choice for RAAF Tindal. RAAF Tindal have supported Cancer Council NT for many years now with various fundraising events throughout the year all culminating in the Tindal Rugby Match each year. In 2021 Cancer Council NT in partnership with RAAF Tindal Medical group has supported RAAF personnel with cancer prevention education and awareness. This is a true partnership and is evident of the benefits that Cancer Council NT can provide as a valued educator and great support to employees of a long term corporate sponsor.



Tindal RAAF

– Katherine, Rugby Match
\$20,600.97 (\$8,726 ponytail project)

General Fundraising

Throughout the 2020/2021 Cancer Council NT was well supported through a number of third-party events held by various associations and community groups across the NT:



Alyangula Ladies Golf Day

– raised \$4,393.26
(June 2021)

NT Legislative Assembly ABMT

– (May 2021)



Multicultural Morning Tea

– raised \$10,274 (November 2020)

– raised \$8,490.00 (May 2021)





Combat Service Support Battalion – Crank it 4 Cancer

(July 2020) \$10,822.50



Jabiru Ladies Golf Day

– raised over \$7,000
(November 2020)



Bess Hart ABMT

– raised \$14,691
(April 2021)

Wharf One Quiz Night

– (November 2020)
\$3,280











My role as a volunteer at Cancer Council NT

Vida Goodvach

– Volunteer SunSmart and Smoking Cessation Programs

In 2021, I have had the good fortune to volunteer and support the work of Casey Luttrell, the CCNT Health Prevention Officer. Casey is responsible for the SunSmart program in all Territory schools and amongst other things, she delivers the Smoking Cessation program to Year 10 students in Darwin and Palmerston Senior Schools. These are the programs I support.

Most weeks, I update the SunSmart data base which lists primary schools, early learning centres and Camp Australia's after school care programs in Darwin, Palmerston, Katherine, and Alice Springs. I check to see if their membership of the SunSmart program is current or needs updating. An update usually consists of a visit by Casey to meet with the coordinator in each school and to make sure they have all they need to support students and staff.

I am a retired teacher, and I still have many friends in the system. So, if my emails have not been answered, it is a great excuse for me to ring and use my contacts to ensure an appointment is made. The SunSmart school program is vitally important, as many of us are aware that with the amount of sun that falls on Darwin, 365 days of the year, we are all vulnerable to excessive sun exposure which increases our risk of skin cancers. Education and teaching good habits to very young children is a key way to encourage these good habits to continue throughout people's lives.

I also support Casey with the Cancer Council NT Smoking Cessation program. This is a series of 4 lessons delivered directly to year 10 students in Darwin and Palmerston schools. Many of us aren't aware that many teenagers experiment with e-cigarettes for their flavour and novelty. E-cigarettes are now known to be just as carcinogenic as regular cigarettes. It is so important that teenagers can make informed choices with sound, scientifically backed information.

When I visit the Cancer Council NT office each week, to do my few hours of volunteering, all the friendly staff like to chat to me, and it feels like being part of a big family. I do look forward to my weekly sessions at Cancer Council NT.



Brenda Cubillo

– Volunteer Administration

Brenda Cubillo began volunteering with Cancer Council NT in January 2021. She is at the Darwin office every week, without fail, undertaking administration tasks such as data entry updating spreadsheet and our CRM, laminating and stocktakes for fundraising and helping to assist the Fundraising team with events.

Brenda is a born and bred Territorian. Brenda along with her husband Paul are avid supporters of Relay for Life and this year developed a new Relay for Life program called 'the mercenaries'. The mercenaries involved volunteers raising money for Relay for Life through being paid \$1 per lap walked for competing teams at the 2021 Relay for Life. It is such ideas and creativeness that holds Brenda and Paul as one of our much-loved volunteer couples.



“ I'm 4ft nothing, but I get it done!

”



Corporate Partnership

Cancer Council NT Corporate Partnerships

Cancer Council NT's corporate partnerships provide not only financial support but also their reach, resources, and expertise to help us achieve our strategic goals.



2020-2021 saw extensive engagement with corporate supporters across the Northern Territory, including NT Major Events – Million \$ Fish, Mix104.9, Channel 7, Arthur Gallagher, Elders, Bendigo Bank, The Hilton, Tindal RAAF Base and Framptons Real Estate. All these businesses provided active support for our program, events, and fundraising, and we look forward to a continuation of these partnerships into the future.

Mix 104.9

– Northern Territory Broadcasters Pty Ltd

Northern Territory Broadcasters Pty Ltd, Mix104.9 and Hot100 provide extensive media services to Cancer Council NT with daily cancer prevention and education messaging. Mike Harvey and Ali Burton continue to be great supporters distributing cancer prevention messaging for special events like Pink Month for gynaecological cancers and Relay for Life – an event to celebrate, remember and fight back against cancer.



Darwin Motor Group

Darwin Motor Group continue to be a significant supporter of Cancer Council NT through servicing our Transport to Treatment cars. Kevin and Carolyn Swanson have provided significant support and time to Cancer Council NT sharing corporate knowledge and education on Human Resource IT systems that have great assisted the Cancer Council to upgrade our services internally.



Framptons First National - Alice Springs

One of the many corporate bodies who support for Cancer Council NT is Framptons First National Real Estate in Alice Springs. Since 2003, Framptons have been organising a Daffodil Day stall and barbeque, in the process raising important funds for Cancer Council NT. As a locally owned business, Framptons wanted to support a charity where the money raised stays in the Territory and supports people in Alice Springs.



ZIP Print

ZIP Print has become not only a corporate sponsor, but corporate volunteer and fundraising group as well. The ZIP Print crew have volunteered at Daffodil Day stalls, walked the night away at Relay for Life and continue to provide printing services for the last three years. In fact, all the Field of Hope Cards sending messages of hope to cancer patients and families all over the Northern Territory were designed and provided by Zip Print under their corporate partnership with Cancer Council NT. They continue to be of great assistance to the Cancer Council NT with printing assistance for our SunSmart and Cancer prevention programs. And as if all that's not enough – they are a tone of fun as well!



AREA9

Area9 continues to maintain Cancer Council NT's IT system. Their staff maintain our IT backup services, provide advice on new program installation, and provide help desk services when we need them most.

After an initial review of our IT infrastructure – Area9 completed a full review and refurbishment of our IT systems, and our system is now much faster, easier to operate and works like a charm!



A+K Autos

A+K Autos has been providing free mechanical servicing to the Cancer Council NT for many years. The Cancer Council cars are serviced every six months with the guys from A+K Autos always on hand to check and repair when needed.



Southern Cross Austereo (Channel 7)

Kim Menzies at Southern Cross Austereo is well known for giving back to community organisations and Southern Cross Austereo has not disappointed. The Cancer Council prevention and education advertising is regularly viewed on all channel 7 TV stations – assisting to spread the word on cancer prevention and advocating for cancer patients across the Northern Territory.



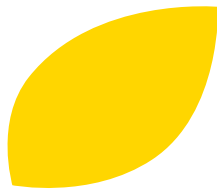
Charles Darwin University

– Student Placement Program

In addition to our other Corporate Partnerships, Cancer Council NT has become a partner of Charles Darwin University providing student placements for Nursing and Social Services graduates. This partnership involves graduating nursing and social services student's undertaking a four-week workplace placement program with the Cancer Council NT's Darwin office. Cancer Council NT nursing and prevention staff provide practical hands on experience for graduating nurses, social workers, and allied health students, and encourages their involvement in cancer services in the future.





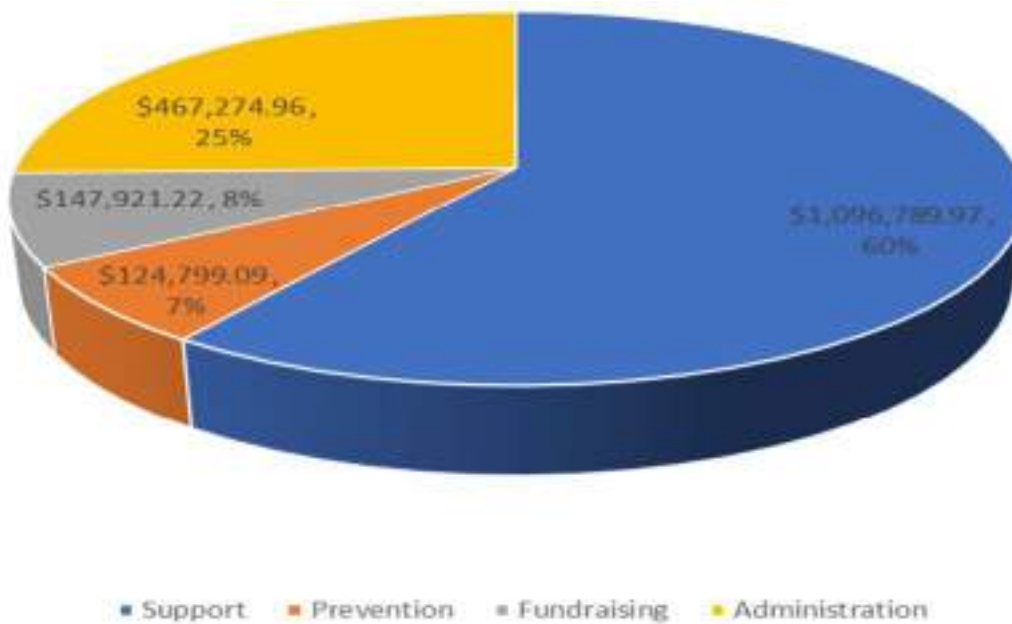


FINANCE REPORT

In the Northern Territory, Cancer Council NT provides support, prevention education and advocacy, with much of our work involving our nurses providing one on one cancer support and assisting in practical matters like – Wig and prosthetic breast fittings, financial assistance and our pro bono legal service. Over the last 18 months Cancer Council NT has actively built on the Patient Support Services and Prevention activities with new programs implemented i.e. Indigenous Cancer Unit and Schools Smoking program and more patients attending our nurse led clinics than ever before.

We have continued our in demand services with our Transport to Treatment service hitting over 22,513 KM's and 1,573 volunteer hours for the year. Our Ostomy program provided ostomy services to over 234 clients, with 9,661 medical supplies delivered to patients in 2020/2021. One third of our ostomy clients live remotely, with our ostomy program delivering ostomy products to as far away as Yirrkala in Central Australia and through to Borroloola in the Gulf region. Our dedication to mission remains strong with over \$1.22M spent on patient Cancer Support, Prevention Education and Health Promotion in 2020/2021.

MISSION SPEND



Audited Financial Statements 2020/2021

The Cancer Council NT Audited Financial Statements 2020/2021 were audited by Lowry's Accountants. Over the past 18 months, a project between the CEO, Operations Officer and new Bookkeeper has re-developed new general ledger allocations, reviewed, and redeveloped financial systems to ensure all audit requirements are met and accounting standards upheld. This year CCNT has received a 10/10 'clean bill of health' from the Financial Auditor and full compliments are due to the CCNT Operations Officer, Nora Geary, for this achievement.

Cancer Council NT

The way forward

BUILD A STRONG FOUNDATION (2021-2024)

<p>1. Awareness & prevention</p> 	<ul style="list-style-type: none">• Enhance national CCA programs.• Establish relationships with NT organisations through which awareness and prevention messaging can be distributed to a wide audience.• Expand delivery of messaging to include schools, Aboriginal health organisations and corporate sponsors.
<p>2. Support services</p> 	<ul style="list-style-type: none">• Enhance the efficiency with which patient transport services are delivered.• Establish a full suite of complementary therapies and a Survivorship Program.• Expand services to Alice Springs and Katherine.
<p>3. Advocacy & research</p> 	<ul style="list-style-type: none">• Build networks for advocacy activities.• Identify research activities planned for the Northern Territory and build networks with key research organisations.
<p>4. Brand enhancement</p> 	<ul style="list-style-type: none">• Develop a range of new brand resources to promote Cancer Council NT appropriate for NT context.• Develop and implement an evaluation framework for events.• Establish new relationships to provide longevity and sustainability in donation and sponsorship base.• Execute multi-year corporate sponsorships for national Cancer Council events.• Develop a risk register.
<p>5. Resourcing</p> 	<ul style="list-style-type: none">• Maximise efficiency of staff and volunteers through a co-ordinated approach to managing resources for maximum output and engagement.• Investment in ICT hardware and software to maximise efficiency.• Recruitment of support staff to deliver services in Katherine and Alice Springs, including securing of budget to pay ongoing costs.

Thank you.

As a charity and non-government organisation, we rely on the generosity of the community to continue our life-saving work.

Your support helps us fund vital cancer research, run life-saving education programs, and support the thousands of Australians affected by cancer each year who need our help.

Because of you, every day is a day we're closer to stopping cancer.

But our work isn't done yet.

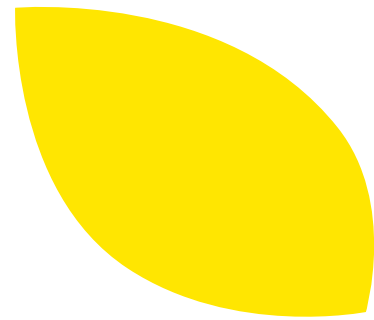
We won't stop until we've dramatically reduced the significant impact cancer has on loved ones, families and every member of our community

With more people being diagnosed and surviving cancer than ever before – the support services offered by Cancer Council have never been more vital.

Whilst we've seen significant progress overall in Australian cancer survival rates, we mustn't forget the work we need to do to improve the equality of cancer outcomes for all Australians affected.

We need to close this gap in cancer outcomes and we won't stop until we've dramatically reduced the significant impact cancer has on loved ones, families and every member of our community. We're here today and we'll still be here tomorrow.

Thank you for your continued support. Together, we can put a stop to cancer.



For information or support call

(08) 8944 1800

If you're looking for information, support or services offered, call us on (08) 8944 1800 or visit our website.

nt.cancer.org.au